

Daily Options:

- Weekly Option
- Grilled Cheese on Whole Wheat
- Chicken Caesar Salad
- Bagel with Cream Cheese or Sunbutter and Yogurt
- Pizza

Menu subject to change without notice.

Meal Pricing: Lunch \$2.75 (Reduced \$.40) Breakfast \$1.75 (Reduced \$.30).

All meals served with vegetables, fruit and milk. Healthy choice snacks, a la carte items, fruit & water also available for purchase.

Pre-pay online at www.schoolcafe.com/abrsd








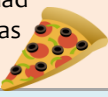







Pay by cash or check (AB Food Services) at school.

Apply for Free/Reduced Meals online anytime at: www.schoolcafe.com/abrsd

Visit our website at www.abschools.org/district/food_services



Conant School – April 2019

WEEKLY OPTIONS	MONDAY	TUESDAY	WEDNESDAY	HAPPY FRIDAY!
Weekly Faculty Salad: Garden Salad Weekly Option: Cheese Quesadilla	1 April Fool's Day Get your Giggle On! Chick'n Giggle (Smile Shape Chicken Nuggets) Smiley Fries Green Beans Fresh Fruit 	2 Breakfast for Lunch Mini Pancakes served with Syrup Jones Chicken Sausage Warm Spiced Apples Dragon Juice 	3 STICKER DAY  Pasta with Choice of Meat or Marinara Sauce Steamed Broccoli Wheat Garlic Bread Chilled or Fresh Fruit 	5 Pizza Party! Big Daddy's Pizza Cheese, Veggie, Sausage Cucumber and Grape Tomato Salad Side of Chick Peas Fruit
Weekly Faculty Salad: Buffalo Chicken Salad Weekly Option: Sunbutter and Jelly Sandwich	8 Viva Italian! Lasagna Roll-Ups Steamed Carrots Cheesy Garlic Breadstick Choice of Fruit 	9 Red Sox Home Opener  Kayem Light Hot Dog on a Whole Wheat Roll Oven Baked Fries Choice of Fruit 	10 Nacho Supreme Lean Beef or Vegetarian Refried Beans Queso Cheese Sauce Romaine, Tomato, Salsa Choice of Fruit	12 Pizza Mania! All your Favorites! Choice of Cheese, Peppers, or Pepperoni Fresh Caesar Salad Side of Chick Peas Choice of Fruit 
	15	16	17	19
<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="border: 2px solid purple; border-radius: 15px; padding: 10px; background-color: #e6e6fa;"> <h2 style="margin: 0;">School Vacation Week</h2> </div>  </div>				
 Weekly Faculty Salad: Asian Salad Weekly Option: Tuna Fish Sandwich	22 Earth Day Chicken Patty or Spicy Chicken Patty on Whole Wheat Roll served with Lettuce and Tomato Oven Baked Fries Orange Slices	23 Breakfast for Lunch French Toast Sticks served with Syrup Jones Chicken Sausage Dragon Juice Fruit 	24 STICKER DAY  Soft or Hard Shell Taco with Choice of Lean Beef or Vegetarian, Refried Beans, Cheese, Tomato, Salsa, Corn Choice of Fruit 	26 Pizza Party Big Daddy's Pizza Cheese, Veggie or Hawaiian Broccoli Salad Chilled or Fresh Fruit
Weekly Faculty Salad: Chicken Caesar Salad Weekly Option: Turkey Wrap	29 Crazy Chicken Bowl Popcorn Chicken, Mashed Potatoes, Corn, and Creamy Gravy Choice of Fruit	30 Build Your Own! Hamburger or Veggie Burger on Whole Wheat Roll served with Cheese, Lettuce, Tomato, Pickles, Sweet Potato Fries Choice of Fruit 	If your child attends Extended Day on Thursday, lunches may now be preordered online at Extended Day Website 	

Gluten Free Turkey and Cheese Wrap in Brown Rice Tortilla is available daily with 24 hr. notice to Café Manager
 Gluten Free pizza is available on Fridays. Place order by Wednesday with Café Manager.

Cafeteria Manager Debi DiDuca: ddiduca@abschools.org

Meals are planned to meet USDA Dietary Guidelines. This institution is an Equal Opportunity provider.

Questions or Comments, please contact Kirsten Nelson, Food Services Director at (978) 264-4700 x3221 or at lunchonline@abschools.org

It's our Pleasure to Serve You!