

Made Fresh Daily:

Assorted Sandwiches/Wraps including Peanut Butter and Jelly Sandwiches
 Boar's Head Deli sandwiches on Thursdays
 Power Paks
 Assorted Grab and Go Salads/Smoothies
 Pizza

Menu subject to change without notice.

Meal Pricing: Tiered lunch pricing starting at \$2.75 (Reduced \$.40) Breakfast \$1.75 (Reduced \$.30). All meals served with vegetables, fruit and milk. Healthy choice snacks, a la carte items, fruit & water also available for purchase.
















Pre-pay online at www.schoolcafe.com/abrsd

Pay by cash or check (AB Food Services) at school.

Apply for Free/Reduced Meals online anytime at: www.schoolcafe.com/abrsd

Visit our website at www.abschools.org/district/food_services

April RJGrey Junior High – April 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	HAPPY FRIDAY!
1 April Fool's Day Get your Giggle On! Chicken Tenders with Dipping Sauce Smiley Fries Green Beans Fresh Fruit 	2 Breakfast for Lunch Mini Pancakes served with Syrup Jones Chicken Sausage Warm Spiced Apples Dragon Juice 	3 The Pasta Pot Pasta with Choice of Meat or Marinara Sauce Steamed Broccoli Wheat Garlic Bread Chilled or Fresh Fruit 	4 Jr. High and High School Early Release No Lunch Served 	5 Pizza Party! Big Daddy's Pizza Choice of Cheese, Veggie or Sausage Romaine Caesar Salad Side of Chick Peas Choice of Fruit 
8 Viva Italian! Lasagna Roll-Ups Steamed Carrots Cheesy Garlic Breadstick Choice of Fruit 	9 Red Sox Home Opener Kayem Light Hot Dog on a Whole Wheat Roll Oven Baked Fries Choice of Fruit 	10 Nacho Supreme Lean Beef or Vegetarian Queso Cheese Sauce Romaine, Salsa Black Bean Salad Choice of Fruit	11 Everyone's Favorite! Macaroni and Cheese Steamed Broccoli Garlic Bread Choice of Fruit 	12 Pizza Mania! Variety of Pizzas Choice of Cheese, Pepper or Pepperoni Romaine Caesar Salad Choice of Fruit
15	16	17	18	19
<div style="background-color: #e0e0ff; padding: 10px; border-radius: 15px;"> <h2 style="margin: 0;">School Vacation Week</h2>  </div>				
22 Earth Day  Chicken Patty or Spicy Chicken Patty on Whole Wheat Roll served with Lettuce and Tomato Oven Baked Fries Fruit	23 Breakfast for Lunch French Toast Sticks served with Syrup Jones Chicken Sausage Dragon Juice Fruit 	24 Make your Own Soft Shell Taco with Choice of Lean Beef or Vegetarian, Cheese, Salsa, Corn Black Bean Salad Choice of Fruit	25 Chicken Teriyaki Chicken Teriyaki Not so "Fried" Rice Oriental Vegetables Fortune Cookie Pineapple 	26 Pizza Party! Big Daddy's Pizza Choice of Cheese, Green Pepper, or Hawaiian Caesar Salad with Romaine Lettuce Choice of Fruit 
29 Crazy Chicken Bowl Popcorn Chicken, Mashed Potatoes, Corn, and Creamy Gravy Choice of Fruit	30 Burger Bar! Hamburger or Veggie Burger on Whole Wheat Roll served with Cheese, Lettuce, Tomato, Pickles Sweet Potato Fries Choice of Fruit 	<div style="background-color: white; padding: 20px; border-radius: 15px; width: fit-content; margin: 0 auto;"> <p style="text-align: center;">welcome <i>April</i> </p> </div>		

Gluten Free Turkey and Cheese Wrap in Brown Rice Tortilla is available daily with 24 hr. notice to Café Manager
 Gluten Free pizza is available on Fridays. Place order by Wednesday with Café Manager.

Cafeteria Manager Jean Tibbetts: jetibbetts@abschools.org

Meals are planned to meet USDA Dietary Guidelines. This institution is an Equal Opportunity provider.

Questions or Comments, please contact Kirsten Nelson, Food Services Director at (978) 264-4700 x3221 or at lunchonline@abschools.org

It's our Pleasure to Serve You!