























January Elementary Menu

Health-e Pro 

MON	TUE	WED	THU	FRI
1 	2 Welcome Back Brunch French Toast Sticks, Chicken Sausage or Yogurt, Hash Browns, and Juice Cup 	3 Sunbutter and Jelly Sandwich, Dragon Juice and Harvest of the Month Apple 	4 National Spaghetti Day Spaghetti with Choice of Meat or Marinara Sauce, Garlic Breadstick, & Broccoli 	5 Big Daddy's Pizza Slice Choice of Toppings with Caesar Salad 
8 Popcorn Chicken Bowl with Mashed Potatoes, Corn, & Gravy	9 Homemade Macaroni and Cheese, Garlic Breadstick, and Roasted Broccoli 	10 Healthy Half Days Yogurt Power Pack with Granola, Blueberries, and Cucumbers 	11 Lasagna Roll Ups with Garlic Breadstick and Carrots 	12 French Bread Pizza Choice of Toppings with Little Leaf Farms Salad and Chickpeas 
15 No School 	16 Max Sticks with Marinara Dipping Sauce and Corn 	17 Healthy Half Days Chocolate Hummus and Pretzels Power Pack with Harvest of the Month Apple 	18 Nachos with Lean Beef, Refried Beans, Queso Cheese, Lettuce, Salsa, and Corn & Bean Salad 	19 Stuffed Crust Pizza Slice Choice of Toppings with Little Leaf Farms Salad 
22 Mini Raviolis in Marinara Sauce, Garlic Breadstick, & Parmesan Peas 	23 Chicken Tenders Mashed Potatoes and Roasted Carrots	24 Healthy Half Days Bagel with Sunbutter, Harvest of the Month Apple , and Veggies 	25 Chicken and Veggie Dumplings with Roasted Broccoli and Fortune Cookie	26 Sal's Pizza Slice Choice of Toppings with Little Leaf Farms Salad and Chickpeas 
29 Mozzarella Sticks and Chicken Meatballs with Marinara Dip and Broccoli 	30 Hamburger, Cheeseburger, or Veggie Burger with Potato Smiles Lettuce, Tomato, Pickles 	31 Healthy Half Days Yogurt Power Pack with Granola, Fruit and Veggies 	<div> HARVEST OF THE MONTH: APPLES  </div>	

This month we will feature locally-grown apples

ANNOUNCEMENTS

HAPPY
New Year's

 =Vegetarian Main Lunch Available

Each student also may choose from our rotating daily lunch options which include a choice of bagel, pizza, grilled cheese, salads, and more!

Menus are subject to change based on product availability. Please contact us at lunchonline@abschools.org with any questions or comments.

MEAL PRICES

All students receive daily 1 breakfast and 1 lunch at no charge.

Additional breakfast and lunch meals and a la carte items are available for purchase at each school. Visit our website for more information.

Prepay for meals online at www.schoolcafe.com/abrsd or pay by cash/check (AB Food Services) at school