























January Preschool Menu

Health-e Pro 

MON	TUE	WED	THU	FRI
1 	2 Welcome Back Brunch French Toast Sticks, Yogurt, Hash Browns, and Juice Cup 	3 Bagel with Cream Cheese, Dragon Juice and Harvest of the Month Apple 	4 National Spaghetti Day Spaghetti with Marinara Sauce, Garlic Breadstick, & Broccoli 	5 Big Daddy's Pizza Slice with Caesar Salad 
8 Popcorn Chicken Bowl with Mashed Potatoes, Corn, & Gravy	9 Homemade Macaroni and Cheese, Garlic Breadstick, and Roasted Broccoli 	10 Healthy Half Days Yogurt Power Pack with Goldfish, Blueberries, and Cucumbers 	11 Lasagna Roll Ups with Garlic Breadstick and Carrots 	12 French Bread Pizza with Little Leaf Farms Salad and Chickpeas 
15 No School 	16 Max Sticks with Marinara Dipping Sauce and Corn 	17 Healthy Half Days Yogurt Power Pack with Fruits and Veggies 	18 Grilled Cheese and Corn & Bean Salad 	19 Stuffed Crust Pizza Slice with Little Leaf Farms Salad 
22 Mini Raviolis in Marinara Sauce, Garlic Breadstick, & Parmesan Peas 	23 Chicken Tenders Mashed Potatoes and Roasted Carrots	24 Healthy Half Days Bagel with Cream Cheese, Harvest of the Month Apple , and Veggies 	25 Chicken and Veggie Dumplings with Roasted Broccoli and Fortune Cookie	26 Sal's Pizza Slice with Little Leaf Farms Salad and Chickpeas 
29 Grilled Cheese and Roasted Broccoli 	30 Hamburger or Veggie Burger with Potato Smiles 	31 Healthy Half Days Yogurt Power Pack with Goldfish, Fruit and Veggies 	HARVEST OF THE MONTH: APPLES 	

ANNOUNCEMENTS

HAPPY
New Year

 =Vegetarian Main Lunch Available

Menus are subject to change based on product availability. Please contact us at lunchonline@abschools.org with any questions or comments.

MEAL PRICES

All students receive daily 1 breakfast and 1 lunch at no charge.

Each student may choose from the hot lunch option, a vegetarian option if available, or a bagel with cream cheese.

Please visit
<https://www.myschoolmenus.com/organizations/1555> for allergy and nutritional information for all lunch items